

Winter Break Checklist

Fun:

- Visit with friends
- Visit with family
- Go to a concert
- Find a new hobby/campus club
- Visit a museum
- (Bored?) Make plans for spring break
- (Really bored?) Read singplaysurvive.com

Money:

- Set budget for next semester
- Learn how if you've never done it before
- Do some odd jobs for cash
- Cut coupons for groceries
- Find paid gigs for your band/ensemble
- Sell old books on Half.com or Amazon.com

Health:

- Plan a fitness routine you can do at school
- Learn to eat better
- Sleep in at least one day a week
- Visit the doctor if you have any health issues
- Pamper yourself (massage, haircut, etc).

Life:

- Spend at least 30 minutes outside daily
- Do ALL laundry
- Take tux/performance dress to the cleaners
- Find and pack winter clothes
- Catch up on Facebook
- Catch up on news
- Read a book

Other:

- Wash car, have oil changed, air in tires
- Clean apartment and put plastic on windows
- _____
- _____

Organize your digital life:

- Clean email box. File 'till it's empty!
- Set up folders for each class
- Clean old contacts from address book
- Organize iTunes library.
- Clean and organize Documents folder
- Clear old junk off cell phone/PDA/iPod

Organize your real life:

- Discard or archive old class notes
- Clean backpack/purse/wallet/instrument case
- Enter class/rehearsal schedule into calendar
- Schedule time for practice, studying, and fun

Your Instrument:

- Perform full tuneup
- Clean, polish, etc.
- Clean out/repair instrument case
- Make sure all accessories are working
- Make and break-in reeds
- Take inventory/order any needed supplies

Practice:

- Review comments from final lesson/jury/recital
- Set goals for coming semester
- Set timeline on calendar to accomplish goals
- Start working on harder goals NOW
- Spend at least half of practice time having fun

Academic Prep:

- Email professors and get class syllabi.
- Order textbooks on Amazon or Half.com
- Look over course req's.
- Research anything that looks too hard
- Music Ed? Start observing school teachers.

Read more at:

<http://www.singplaysurvive.com/2009/12/winterbreakchecklist/>